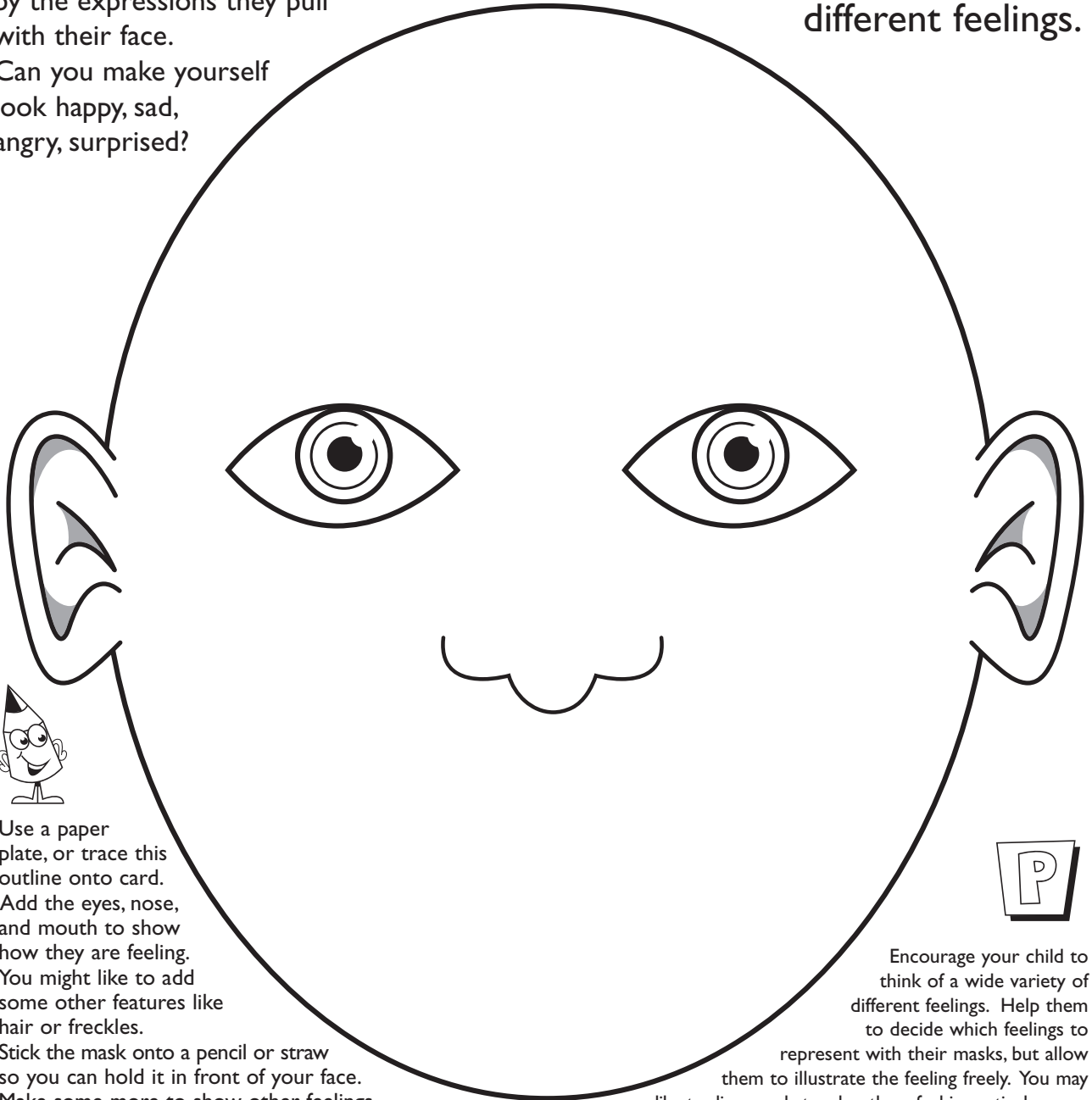


# Feelings Faces

People show different feelings by the expressions they pull with their face.  
Can you make yourself look happy, sad, angry, surprised?

Make these masks to show different feelings.



1. Use a paper plate, or trace this outline onto card.
2. Add the eyes, nose, and mouth to show how they are feeling.
3. You might like to add some other features like hair or freckles.
4. Stick the mask onto a pencil or straw so you can hold it in front of your face.
5. Make some more to show other feelings.
6. Test a grown-up – see if they can guess which feeling each mask is showing.

Encourage your child to think of a wide variety of different feelings. Help them to decide which feelings to represent with their masks, but allow them to illustrate the feeling freely. You may like to discuss what makes them feel in particular ways. You could act out stories with them using the masks.



How do you think these people are feeling?