



coram 
Life Education

SCARF

I can show KINDNESS by...

(Helping my mum with jobs
at home)

PLEASE
Always remember
my manners...
be polite!
THANK YOU!

(Help my dad to
cook tea.)



(Ring my grandad
and grandma
for a chat.)



(make a card
for my friends &
send it to them.)

You can send your KINDNESS ideas to Harold at cle@coram.org.uk. Remember to ask a grown-up first!